

3M Gorseinon RRC Precis of meeting held on Wednesday 7th January 2026

Items discussed:

Committee Roles & Club Calendar: committee members given 2 weeks to read through and respond to document. Club calendar to be added to ConnectMyClub with read write access for committee members.

Asset List: to be published on ConnectMyClub with read write access for committee members.

Dry Robes: embellished club dry robes are available from [Picton Sports](#). Pictons are reluctant to embroider members own existing dry robes.

Welfare & Safeguarding: members are reminded the welfare officers are Fran Newman and Mark Jenkins, link to welfare (club and WA), can also be found on the 3Ms website - [Contacts](#)

Social Walk & Talk – dates and venue agreed for next two events:

- Sunday 25th January 10am at Penllergaer Woods
- Sunday 1st March 10am at Loughor Estuary

Finances: current balance is just over £8121 but track payment just over £1000 due imminently. (Track payments are every 10wks). Expenditure for last month was £400.46. Income for last month was £770.24 Weekly subs are almost covering the cost of the track.

Charity Quiz night: Friday 20th February – save the date. The venue to be confirmed once booked.

Presentation Evening Saturday 16th May 2026 – save the date

Venue – Gorseinon Rugby Club

DJ booked, Lucy's Best Bites cold buffet (gluten, dairy, vegi and vegan options are available), bar open until midnight, raffel prizes and hampers to be won. Don't miss out - tickets go on sale in January.

Presentation Awards and Categories: the criteria for each award was shared, the committee discussed the process for selecting award winners. All nominations for Club person to be emailed to Lee Morris who has removed himself from the award.

Cost of weekly subs: after reviewing income and expenditure the committee agreed to propose a reduction of weekly subs to £3.50 per session in February AGM.

AGM Sunday 15th February 1pm at Loughor Rugby Club: members will be encouraged to submit suggestion to be discussed and send them to Nicola Rowe.

Members will be encouraged to join the committee and bring fresh ideas to the club.

GP Dates:

- Feb 15th – 10 mile from Bynea coastal path with a buffet and AGM to follow
- April 8th – 5 mile beach and prom run

Coaches Update: next meeting will discuss assigning a co-ordinator coach, mentoring/buddy system and criteria document for member to undertake training as a LiRF or CiRF. Steve Jones will become the new link between the coaches meeting and the committee meetings.

C25K and Beyond update: the group meets every month.

New course will start in summer and utilise Swansea Council Summer Grant Coast fund. Adverts will be posted in advance of the course.

Front Runner Volunteers request: the committee decided to ask members if they would like to volunteer as a club for Swansea half marathon in June. If we can get a team of 10 or more the club will be financially rewarded. Members who would like to volunteer at the Swansea half on Sunday 7th June, please email Nicola Rowe – nicjr1@hotmail.co.uk

Grants and funding: unfortunately, this year the club has been unsuccessful in securing the Postcode Lottery fund of £2,000. Local councils Loughor and Gorseinon Councils will be approach for grants.

Date & Time of next scheduled committee meeting: 25/03/2026

Subject to the need to respond to developments earlier than scheduled

